THE PRACTICAL VALUE OF
SCIENTIFIC STUDY OF JUVENILE
DELINQUENTS

MONOGRAPH PREPARED FOR THE
CHILDREN'S BUREAU

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Bureau Publication No. 96

WASHINGTON
GOVERNMENT PRINTING OFFICE
1922
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LETTER OF TRANSMITTAL.

U. S. Department of Labor,
Children's Bureau,
Washington, July 18, 1921.

Sir: Herewith I transmit a discussion of the Practical Value of Scientific Study of Juvenile Delinquents, which has been prepared by Dr. William Healy, director of the Judge Baker Foundation, Boston. He was requested by the Children's Bureau to do this for several reasons:

1. The study of the physical and mental qualities of a delinquent child and of his history and surroundings is an approach to the individual and his needs, rather than to an offense and its legal penalty. Therefore it is in so far an essential application of the philosophy on which the juvenile court rests.

2. Thus far little specialized training for this scientific service exists. It is important that it be developed and that competent and devoted men and women shall find in it satisfying opportunity.

3. As Dr. Healy's paper so clearly shows, however, the scientific study of juvenile delinquents compels the inclusion of the social field and the careful correlation of all the facts and circumstances surrounding the child. Thus far it has been recognized that the social aspect is significant; that it is also scientific and that no one aspect considered alone is conclusive are still not so fully accepted.

4. This greater conception points emphatically to the errors which must follow examinations consisting merely of a series of physical and mental tests of the individual, however well devised, if unrelated to the social elements which may have conditioned the physical and mental state.

5. Because of the service which can be rendered by a statement of the values and methods of scientific study, as an every-day guide to the progressive conduct of juvenile courts, this report is needed.

Dr. Healy has had a unique experience as a physician and psychologist. He was probably the first psychiatrist ever attached to a juvenile court. His service to the Cook County (Chicago) court continued for eight years until he accepted the invitation to the same service in connection with the Boston Juvenile Court, the new posi-
tion carrying increased opportunities for scientific research. His observations have been published in several volumes and form a new and important contribution to the study of delinquency.

Respectfully submitted.

Hon. James J. Davis,

Secretary of Labor.

Julia C. Lathrop, Chief.
THE PRACTICAL VALUE OF SCIENTIFIC STUDY OF JUVENILE DELINQUENTS.

THE JUVENILE COURT ITSELF.

The idea of the juvenile court has challenged the world by its importance. Of all courts dealing with offenders, its procedure, as demonstrated during its 20 years of existence, strikes at the most practical as well as the deepest issues relating to delinquency and delinquents.

When operating effectively, the juvenile court together with its agencies has the chance to check and prevent the development of criminal careers vastly more than other courts. If it succeeds, it renders to the delinquent and to society a service that is great indeed, because of the very fact of the moral and economic expensiveness of continuance in delinquency. If it fails, much has been lost because the conditions of causation, bound up so strongly with the possibilities of prevention, are many times more readily alterable at the juvenile-court age than ever again.

1 The juvenile court is an institution of which Americans may feel proud and through which the typical American genius for practical issues may well be expressed. An earlier plan in some States provided for a procedure apart from adults. First of all, Massachusetts developed the idea and long had separate sessions for juveniles; and probation, always a cardinal feature of work with young offenders, began there. Elsewhere, too, the principle had partially evolved, but not into an organized court. The first juvenile court, with its definitive scheme of an especially interested and especially informed judge, and of probation officers with adequate qualifications, and of detention and sessions entirely apart from adult offenders, was established in Chicago in 1899 through the practical insight and determined efforts of a group of Chicago women.

Scientific diagnostic study as a regular service for delinquents and for a court began in the juvenile court in Chicago in 1909. This work, which was started and continued under the name of the Juvenile Psychopathic Institute, was soon perceived to have much wider bearings and usefulness than study of merely psychopathic cases: the cases of quite normal offenders often justify as much, if not more, attention given them for the sake of effective understandings.

2 Unless, of course, we make delinquency in the open world (heaven knows there is enough of it in institutions for delinquents) impossible by reverting to the ancient practice of wholesale capital punishment or prolonged incarcerations for all sorts of offenses. But this is altogether against the tenor of modern civilization and, it must be sharply remembered, these methods led to no such safeties of either property or person as exist to-day. It is not aside the mark to speak of this because of the lingering idea that somehow mere incarceration or other punishment does check the career—of course statistics do not show this. Perhaps we say, with some sort of consciousness of the underlying facts, that we are sorry that A or B is subject to misleading environmental influences or is skewed a little mentally, and then we go on to say that, after all, we can not have A or B carrying on such things—stealing, prostitution, forgery, or what not—and, as judges, we therefore will commit for 3 months or 18 months or some other set time. As if that were going to right causations and prevent recurrences? A specific case: The judge understands in a recent case that a young man, easily ascertained to...
The purpose of the juvenile court has all along been quite clear. Differing from courts established under the criminal law, its business is not to follow set forms of treatment of offenses. Its idea is *individualization* both of *understanding* and of treatment. Of course, the juvenile court is part of the social machinery for the prevention of delinquency as a measure of public welfare, but in the very accomplishment of this it has, explicitly or implicitly, to seek the welfare of the individual. And so it is that in dealing with the fact of delinquency in the juvenile court, inevitably the prime consideration is the offender as a person.

The juvenile court started from observation of injustice. Under an older régime the offending child or youth was handled for the most part as if he had much the same experience and world knowledge and mental growth and stability as the normal adult. If court or jail or reformatory procedure had any other basis, it was by act of mercy and sympathy and not through a definitely established perceptive justice and, except in occasional matters, not through methods of treatment founded on the essential facts of youthful life.

But the idea of the juvenile court, founded on the conception of a better understanding of the conditionings of conduct in childhood and youth, might just as well have sprung from the modern ideal of achieving results. Had attention been well directed to the great social problem of crime, it could have been understood ages earlier that it is during the youthful, formative periods of life that tendencies toward social misbehavior begin, and that this is the time of times in which to gain understanding of causes and beginnings and is the time in which to thwart such warpings of character and habit.

Studies of actual facts teach nothing if not the importance of treating with delinquent tendencies in youth. Whether we turn to convincing earlier statistics from abroad or to the work of Glueck in tracing backward the careers of Sing Sing prisoners, or to recent studies of the later life of youthful offenders in Chicago seen at the Juvenile Psychopathic Institute, it stands out clearly that criminal tendencies and careers with astonishing frequency begin in childhood or adolescence. And, after all, why should we expect it to be otherwise? Do we not know well enough that in all of us the development of behavior tendencies, the set of our own characters and of our own habits of thought and action begin long before adult life.

be unusually fine in other characteristics, is probably "queer" in sex tendencies, but
"We can't have him going around snipping girls' hair." So the young man is given four
months. Now, does mere incarceration lessen these or other bad tendencies? Indeed,
It is not difficult to learn that this intelligent and physically sound young man already
has served a term without any effect upon his behavior in this respect—and one might
naturally expect much less from others less well endowed.
Although existing in some places as an offshoot of other courts, the peculiarly basic work of the juvenile court does not allow it to be regarded fairly as any addendum to another court. Properly it should require of the judge more thoughtfulness, a wider education in the human sciences, more shrewd discernment, more close reasoning on the relation of theory, fact, and proposed treatment to outcomes than is demanded in any other court. And all this just because of the wide range of scientifically ascertainable conditions, motives, and influences leading to juvenile transgressions, the wide range of treatments possible, and the very absence of the fetish of unscientifically concocted forms and codes of practice and procedure, which in some other courts form such a drag upon effective dealing with offenders.

BASIC NATURE OF JUVENILE-COURT WORK.

The commanding interest that the work of a progressive juvenile court is bound to have for scientific students of human affairs arises because some of the most fundamental operating causes of human behavior are here to be ascertained and studied. It is here that scientific knowledge as related to conduct can be utilized and further developed. as scientific knowledge is developed and utilized in other fields.

And then the most far-reaching importance of the juvenile court lies in its practical relationship to the whole crime problem. Crime costs in this country some three or four millions of dollars a day and hundreds of thousands of persons annually are sentenced. The juvenile court with its possible hold on many beginnings—when it and its agencies have grown to a higher stage of achievement—is in the most strategic position for reducing this vast blot on social life. Many potential criminals already come, and many more, if special attention were paid to their embryonic stages, might come before the juvenile court.

Not that the juvenile court is ready to guarantee to check all beginning criminal careers—even from the standpoint of bare knowledge the sciences having to do with human life are still in the making, while the science of conduct itself has lagged far behind—but much greater accomplishment is possible even now with the injection of businesslike sense into the situation, applying essential facts that are known and readily ascertainable. Knowledge is being steadily accumulated; to utilize that and to acquire more is the part of a wise practical procedure aimed at results, immediate and future.

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METHODS OF THE COURT.

The work of judges in juvenile courts, and of other officers of the law making decisions there, proceeds very largely in accord with personal tendencies and moods. Immediate treatment of the case, to be specific, is (a) sometimes by the methods of personal appeal—by warning, exhortation, scolding, sermonizing, threatening—or (b) frequently by a direct attempt at a shrewd guess concerning what should be done in the case, of course with the help that observation in the court room offers. (c) Sometimes there may be fairly prolonged weighing of the meager facts that have been obtained; occasionally there is a demand for more data, but (d) often the treatment is left to the judgment of probation officers, with the feeling that in the court room there is so little opportunity for learning all the facts necessary for satisfactory adjustment.

At any rate, it is most significant that individuals are pressed with comparatively great rapidity through a court procedure that ends often in a judgment rendered which, one way or another, is of the greatest import in constructing the behavior tendencies of a life. And, it should be noted, it happens sometimes that an apparently milder or more negative decision, such as placing on probation, is a decision of the most positive import for the bad, as when it means sending the individual back to deleterious influences, perhaps unknown to the court because of incomplete studies of the causation of delinquency.

Deciding treatment that is tremendously influential at the formative period of life vastly outweighs in importance in the world of realities any decision of a criminal case that may take weeks in court or perhaps fill pages of the newspapers.

PRINCIPLES OF SCIENTIFIC STUDY OF DELINQUENTS.

The manifold practical issues that are intrinsic in juvenile-court cases not only justify by their importance careful case study, but make it an absolute necessity, if exceedingly significant conditions are not to be overlooked.

Unfortunately it is not yet grasped by many as a matter of shrewd common sense that the practical aspects of delinquency really are...
manifold and that manifold though they are, knowledge of causations and carrying out a diversity of treatment is thoroughly practicable.

Indeed, not foresighted in the sense of the best conceptions of the juvenile court is the procedure that fails to appreciate acquirement of enlightening knowledge of the delinquent and his background or to demand the attempt at adjustment through the many constructive possibilities as well as through restrictive measures. It is the very richness of the outlook that presents itself during scientific case study (and really scientific study can mean only well-rounded study) that, more than anything else, justifies undertaking it.

A good study does not, any more than in the biological sciences, mean merely application to the individual of a label, be it in terms of "mental rating," "psychopathy," "instinctive levels," or any other stereotyped pigeonholing. It does not mean calling by a name which seems learned, as if one knew much about the delinquent, but which in reality very frequently offers little to explain the delinquency or to guide treatment.

It is a misconception of the present time, even of those who want to be progressive, that a ready-to-wear classification is sufficient. Most prevalently accepted is the categorizing in terms of "mental age," according to a mere handful of mental tests, but under the influence of the exponents of other classificatory ideas, various other terminologies are also grasped at as if completely explanatory.

Classification by "intelligence levels" or by these other categories does not and never can represent the whole individual, or even the elements most essential for the student of delinquent tendencies to know, such as the individual's habits of mind and body, the forces which drive him, his motivating experiences, his reactions to his environment, his ideation as related to delinquency, causations in the environment itself, his special resources of mind and body that can be utilized for reeducative treatment.

For the sake of mental classification (invaluable though it is positively and negatively—of course we need to evaluate the human material we are working with) we can not throw away the everyday knowledge of many generations that there are forces operating both from without and from within which are the decisive factors in the formation of delinquent trends. It is to the better understanding of these forces as well as of the individual's capacities that we must address ourselves. It is for this that we bespeak the value of scientific studies of individual careers, of all that goes to make a delinquent what he is in his behavior tendencies.

The following diagram indicates some of the general differences between a formally legal and a scientific method of procedure. We
would stress the great contrast in treatment—the formal legal conception with its implications that how to treat conduct disorders is a matter well known and capably defined, mainly according to offenses, balanced against the newer idea that treatment should be the outcome of what is learned by the gathering of sufficient data, and in general by the development of a science of conduct.

**CONTRASTING METHODS.**

**UNSCIENTIFIC.**

**MAIN FACT**

**OF CASE REGARDED AS**

**OFFENSE.**

**CONSIDERATION**

**OF CASE**

Limited by determination of fact, nature, and degree of offense with some few representations concerning offender.

**DISPOSAL.**

**OF CASE**

Dealing with affair according to above determination of offense, but with limited knowledge of offender and causation.

**SCIENTIFIC.**

**HUMAN**

**INDIVIDUAL**

**who has offended.**

**SCIENTIFIC STUDY.**

**WORKING VALUES OF SCIENTIFIC STUDY.**

The working values that accrue even through scientific knowledge of personality alone were impressed on the writer from the day of beginning in the Chicago court.

The very first case studied was that of a girl about whom long columns had appeared in the newspapers; she disappeared from home and when found made startling and apparently important statements which included an account of her own deliberate sex misconduct. Not insane and not feeble-minded, we found her, nevertheless, to be a most peculiar person who had been influenced recently by emotional stirrings to the extent that she felt some sort of impulsion to thus allege herself immoral and to make most serious charges against others. Our study, aided by a short investigation, quickly set the whole affair in its right light and the girl quieted down and told the truth. It had
been quite different in the case of her neurotic mother, we learned, who, unrecognized as an abnormal personality, had been the cause of serious hardships experienced by a couple of good men in a certain church circle where she had made false allegations. It is a matter of great interest that the girl herself ever since has been known for what she is and that when several peculiar situations have arisen as a result of her conduct, her case has been effectively handled by officers who have had to guide them knowledge of the fundamental feature of the situation, namely, her personality.

In great practical contrast, especially from the standpoint of public economy, was the case of a young woman which appeared in the adult courts in Chicago a year or so later. She made terrible accusations against some prominent people and the matter was heard at great length with very puzzling evidence presented in court. But the girl’s first deposition and the character of her injuries would have made it quite easy for any experienced student of abnormal psychology to determine the true nature of the case. Had there been any chance to act as friend to the court one might have made the situation plain to the judge as it was made clear to a certain group of people who asked professional advice for determining their sympathetic attitude toward the case. As it was, certain pathetic circumstances and the girl’s strong statements won for her a public following of really good people who through general ignorance of such personalities and the fact that no one acting as friend to the court made any study of her personality trends, pushed public opinion strongly in her favor. The trial of this case cost the State over $15,000 and the outcome was not. Very few of her sympathizers ever realized that she was an hysterical false accuser and self-mutilator.

Or take another very simple instance; shortly after we began work an experienced officer said that since we were interested in delinquents he would bring in what he and his colleagues called their best example of the criminal type—“This boy is a genuine, born criminal.” But five minutes’ observation showed the lad to present the signs of juvenile paresis, with eyes not reacting to light, with absent knee jerks, etc., a victim of congenital syphilis—a boy with a nervous system as thoroughly diseased as it could well be and leave the patient active, merely appearing to be a desperate conduct problem.

For those doing even the simplest scientific work among delinquents, the citation of such obvious examples from the material of 10 or 12 years ago is quite unnecessary—there is ample recognition nowadays of what such human problems may signify, and there are already established many centers for examination of such cases. But taking the country over, a vast number of peculiar individuals do even nowadays pass along through courts quite unrecognized for what they are.

THE FIELD FOR SCIENTIFIC STUDY.

But scientific study should not be limited at all to such psychopathic material, nor to personality from the standpoint alone of abnormal psychology. The frequency with which mental defectives and the psychopathic appear before courts is enough to justify diagnostic examinations, but certainly studies should not be confined
to these classes—by no means the largest proportion of youthful delinquents as seen in courts are abnormal mentally. There must be equal interest in anything causative that involves the individual or that has influenced him.

Adequate practical study means no short routine of examination, whether in giving age-level tests that do help as a part of mental testing, or in giving a physical examination—that rarely indeed throws light on the causation of delinquency. Courts that begin with such examinations or with having special blood tests made, etc., examinations, of course, so important in many ways, should have clear insight into the limitations of such humanitarian work as sources of information that really help in the effective treatment of conduct problems.

Adequate study means finding the influences at work in the delinquent's life, influences perhaps remaining over from early childhood experiences or arising perhaps from family conditions on the basis of which grudges are formed (on the day this was written there was brought to light in court here a semiprofessional career with just such an antisocial foundation), influences perhaps from hidden bad habits, or involving matters of frequently recurrent ideation or impulse—adequate study means finding any of a thousand and one conditions and experiences, the existence or absence of which one can not tell beforehand.

Nor can the individual be studied apart from his setting, his environment, any more than a biologist can hope to know what conditions the behavior of a starfish by studying it in fresh water or as taken from a laboratory jar of alcohol.

We are properly concerned with the study of delinquents that takes in enough points of view to lead to such a rational explanation that effective treatment can be prescribed therefrom.

As has been pointed out many times, it is very rarely that any one factor in the background can be reasonably selected as the sole cause of delinquency—the fact is that usually several causes are interwoven. Now, there is no way of evaluating or indeed of knowing at all many of these causes, except as one ascertains them by a thorough analysis of the situation and then studies them in the light of their influences on the mind and so on conduct. The following case illustrates notably how various factors may be present.

A boy only 8½ years old was presented in court for continual truancy, unmanageableness at home, frequent taking of considerable sums from home and elsewhere and recent stealing of a large amount of money. There were important physical findings: he showed poor development, although markedly mature physiognomy; there was defective hearing on one side with discharge from the ear, he complained of headaches, he was anemic and had many badly carious teeth. He was very much retarded in school, but he proved himself to have good general mental ability. He was reported irritable, restless, and stub-
born, although with us he was very reasonable and quiet. He had mature knowledge concerning delinquency and showed strong attitudes against school life and family control. Concerning heredity, unfortunate traits in both parents were reported; each came from families with a striking admixture of strong and weak qualities. The developmental history showed that there had been much nutritional difficulty in early infancy with evidences of nervous irritability, and poor appetite all along. The home life was characterized by poverty and quarreling, the father used obscenity in front of the children; he had died the year before, then the mother began working out.

From any one of the several categories of facts that we have mentioned, the conclusion might be readily and superficially drawn that each of these might sufficiently account for the delinquency. Home conditions and the lack of good upbringing probably most frequently would be selected as the cause.

In spite of the importance of these facts we soon were convinced that none of them was the main root of the delinquency, because after the first study which brought out all the ordinary facts and after having been placed in a good country home away from old bad influences he began stealing again.

Further study led to the discovery of the direct causation of the boy's remarkable thieving propensities; it was a matter of ideation. In great detail this little fellow told us of specific emotional experiences connecting the idea of stealing as obtained from a certain boy with what this boy told him in the way of bad words and bad sex matters. He spoke in a most clear and convincing way, as many others have done, of his struggle against certain ideas, against "bad words"—"When they come in my mind I try to cross them out like this"—"The words, they make me feel queer, it makes me think of going into places, taking things, and then I dream at night of taking things."

After this patient inquiry into what was in his mind that made him steal he entirely stopped the stealing. He had brought out all the facts of his mental life, brought them out into the light of day, and the facts evidently enlightened him as they enlightened us. A sudden transformation became now possible and did take place.

For long he has been reported from his country home as the nicest boy in the neighborhood and he ranks well up toward the head of his class in much of his school work. The deeper inquiry gave him the chance that he needed to know himself and to deenergize the inner driving forces of his misconduct.

A careful study of even a few of the simplest cases of stealing, for example, shows motives so different, shows such variations in impulse, in personality background, and in the stealing as phenomena of reaction to environment, that good sense itself calls for knowledge of causation and personality in every case in order to have any clear idea of how effectively to combat the delinquent tendency.

GENERAL RELATION OF DELINQUENCY TO MENTAL LIFE.

Scientific study of social behavior is built foursquare upon the fundamental fact that conduct is action of the body and the mind. All conduct, of course, directly emanates from mental life. And many elements and conditionings of mental life are concerned in that product of mental activity which we call social behavior.
The many studies of exterior conditions or physical states or personal habits which have been or are being made of delinquents are not to the point if they are not interpreted in relation to actual causation of the delinquent's misbehavior. Nothing is any more striking to the careful student than the fact that reactions between personality and living conditions are not fixed and are not a priori predictable. Poverty, in one case a stimulus to formation of fine character tendencies, in another instance is the motivation of even major crimes. Bad neighborhood conditions in some cases result in disgust rather than in acceptance of local standards of morality. Adolescent strivings and aggressiveness may lead in a direction of ambition and fine accomplishment, or may find outlets largely in delinquent trends. And so on through practically the whole list of possible causations of delinquency.

The only direct means of knowing the forces actually operative in a given case is through study of the mental life, the definite directive agent of conduct. This is the realm of a practical psychology, which takes into account mental capacities, mental balance, instincts, impulses, the impress of experiences, and the many elements of conscious and subconscious mental activity.

MENTAL DEFECT AND DELINQUENCY.

At present the most generally recognized function of scientific study of delinquents is determination of mentality in terms of normality or feeble-mindedness. This is a most important task because, without such study, in spite of the belief of some that they are able to detect feeble-mindedness by physiognomy and other appearances, it is not possible to classify individuals mentally. Appearances are often misleading. Some authors have published photographs of groups in which it is impossible to detect the mentally defective.

After years of experience, the writer, sitting with the judge of the juvenile court in Chicago, once felt sure that a certain delinquent boy as seen in court was feeble-minded and agreed in this with other observers, but later examination during continuance of the case proved the facts to be quite the contrary.

Another judge, intelligent and foresighted, sending a boy of 14 years for examination, said that very likely the boy should be committed to the State school for defectives. Physiognomy and attitude—the lad was slouchy, unkempt, heavy-eyed, he held his thick lips open and was altogether most dull in general appearance—gave apparently a fair basis for the opinion. Examined mentally, however, on a considerable number of tests, he proved himself to be quite reasonably bright and these findings were well substantiated when, after being placed in a decent home, the boy not only completed grammar school at 14 with a fairly good record, but, until he went to work a few months later, maintained average standing in high school.
Even more frequent and certainly more costly because of the work that may be put upon them, and sometimes more dangerous because of peculiarly vicious trends, are the cases which show the reverse of the above error, the cases in which a defective person of fairly normal appearance is judged to be normal.

In illustration, take the case of Jennie, 12 years old, who with two other girls about her own age was in court for shoplifting. The probation officer who dealt with the group informed us that Jennie was undoubtedly the leader because she seemed by far the brightest as well as the most aggressive of the three. This judgment was based on the fact that the girl was attractive in appearance, with regular features and vivacious expression, and that she told a story of the delinquency with considerable force and detail. The fact that the girl was in the fifth grade tended to corroborate this opinion, particularly since she came from an ignorant, foreign-speaking family. Very little was offered her in her family life and she spent the greater part of her free time on the streets. These facts seemed sufficient to explain the delinquency.

Had one been satisfied with this, much effort might have been expended on probation in the attempt to improve the home situation and to provide Jennie with better recreational interests, as is done in other cases. Had the misconduct persisted, the court or some agency called in might have incurred the expense of probationary placement in some other family before the State institution for delinquents was considered.

As a matter of fact, Jennie proved to be unquestionably feeble-minded and not of high grade. (The other girls, duller in appearance, graded as normal.) The contradiction of the test findings to her school record was accounted for when the school authorities later stated that because of her good attendance and her troublesomeness in school she had been promoted by various teachers to get her out of their rooms, although it was recognized that she could not do the work of the grades, indeed she could scarcely read at all. There was no special class for the backward in the school where she had been passed along.

In a summary of the case the writer stated that it was clear that this girl's dynamic traits which make her ignorant parents feel that she is bright enough are just such as would indicate social danger. She seems very properly a case for institutional training and protection. Her physical attractiveness and vivacity, with as little supervision as her family offer her, are a liability rather than an asset.

It must not be assumed from the above that the place for all mental defectives is in institutions; even some of the definitely feeble-minded show good character traits, perhaps have been brought up under good moral conditions and have responded well. Here again, it is a study not of the individual alone, but of the interaction between the individual and his environment.

PROPORTION OF DEFECTIVES AMONG DELINQUENTS.

For the sake of fairly sizing up the facts in general concerning mentality and delinquency we have gone into the matter of mental abnormality with much care. (By abnormality is meant either (a)
mental defect or (b) mental aberration; that is, psychosis, insanity, or severe psychopathic conditions.) In two Chicago series, each of 1,000 young repeated offenders, only about 67 per cent and 75 per cent, respectively, could be diagnosed as clearly normal. Of the abnormal, the larger proportion consisted of mental defectives; a much smaller number represented cases of mental disease. Dr. Bronner surveyed 500 delinquents as they came into the Juvenile Detention Home, including first offenders, and found that very probably 9 per cent of these were defective to the degree of feeblemindedness. Recently the Judge Baker Foundation has been doing much more intensive work and in a series of 1,000 young repeated offenders in Boston percentages are found quite similar to those of the Chicago series—the defectives form 22 per cent, among these the clearly feeble-minded who should undoubtedly be educated and protected in a suitable institution being 12 per cent of the whole number; the aberrational cases were about 2 per cent.

Since the most widely recognized grading of “general intelligence” at the present time is according to the Stanford revision of the Binet-Simon age-level scale (imperfect though we readily acknowledge this to be), it may be worth while giving a graph of our findings according to this scale of mental tests. But it must be emphasized that for practical diagnosis there is much else of value for which other tests should be given to delinquents—getting an “intelligence quotient” forms only one part of a good schedule in testing. And, then, tests themselves do not form the sole criterion of diagnosis.

From the accompanying chart it is readily seen that if, as usually reckoned, all having an I. Q. below 70 are pretty surely feeble-minded, then 7 per cent of the total number belong in that category. But at the other end of the scale we find that no less than 8 per cent—those above 110—I. Q.—are supernormal. To be sure, some of the 16 per cent falling between 70 and 80 I. Q. would be classed by us as defective to the degree of feeblemindedness, but there is all along the line a great need for interpretation according to language and school advantages and our final groupings do not at all necessarily coincide with the I. Q. classifications. However, these figures and the chart serve to bring out clearly the main point, namely, the astonishingly wide range of mental ability which delinquents present—some of them ranking twice and more than twice as capable as others. The implications of these great differences, and indeed of lesser variations, should be very clear in the endeavor to bring about adjustments so that their behavior tendencies will approach normal.


The striking fact brought out by these and other studies of the mental capacities of series of delinquents is that a much larger proportion of mental defectives is to be found among delinquents as they appear in court than in the ordinary population, perhaps ten times as many. And this, of course, is highly significant. But since it is well known that some individuals of very limited mentality maintain themselves in the world without misbehavior and, indeed, sometimes show very good character traits, from the mere fact of deficient mentality the outcome in behavior can not be predicted. In other words, even a defective individual can not be considered apart from any special capacities which he may have, such as special abilities in mental powers or assets of personality, or apart from formative experiences and the influences of his given environment.

This is mentioned particularly because of the great emphasis that lately has been placed on findings on test of "mentality." Too frequently mental ages or "Intelligence Quotients" are cited as if these offered a complete guide to prognosis and treatment, and answered exactly the problem of responsibility of the individual. A little reflection upon the fact that individuals mentally normal, some even very bright, are misdoers for reasons quite apart from matters of mental capacity and that many feeble-minded people live decently and do their work in the world very well, should indicate how necessary it is to cultivate knowledge concerning causes of delinquency and discrimination in rendering judgments which prescribe some form of treatment.

PECULIAR PERSONALITIES.

Scientific studies of delinquents mainly began with the extreme variations from the normal—deep mental defects and the insanities. (Many other branches of science have started from investigations of "strange cases." ) But frank cases of mental disorder may be left out of discussion here because of their obvious implications. However, there are peculiar personalities that vary much less from normality; knowledge of their characteristics and their special needs has been advancing. In such instances often nothing less than a very careful study will show the facts necessary for a workable diagnosis and for a satisfactory outline of what treatment is necessary.

In a scheme for exhibiting merely certain practical findings and outcomes in two typical peculiar-personality cases the careers of A

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1 Perhaps the reader has noted the great variations in stated percentages of mental defectives among delinquents, as given by different investigators. The main cause of this is that examiners have neglected to call attention to the fact that special groups are highly selected—delinquents in institutions are almost entirely those who have failed on probation, and, of course, have more defectives among them. This selection is itself from an already selected group: even delinquents as seen in court are merely the offenders who have been caught.
and B may be compared. These are young fellows who had many similarities in personality and needs—needs which showed clearly from a common-sense standpoint as soon as the facts were pictured with anything like completeness.

A. SUCCESS.

Special treatment on probation following scientific study.

B. FAILURE.

During 5 years; court appearances—fixed, probation; placed out; 2 correctional institutions. Then for first time studied.

SIMILARITIES.

(a) Delinquencies.
- Mischievous, destructive.
- Much violent temper.
- Carrying weapons.
- Immorality with girls.
- Burglaries—major: repeated, semi-professional.

(b) Personality traits.
- Much physical strength and activity.
- Impetuous, rough.
- Unusual love of excitement.
- Great chafing at restraint.
- "Ungovernable" temper.
- Gregarious.
- Attractive to girls and boys.

(c) Mentality.
- Normal by tests.

(d) Background.
- Poor family life.
- Gang companionship under city conditions, etc.

(e) Needs.
- Rough, active, adventuresome life.

TREATMENT.

A.

After very serious delinquencies, probation officer tried to understand, but no specific adjustment carried out. Delinquencies continued. Court considered him too bad for juvenile correctional institution—asked for study

B.

After a year of hit-or-miss ordinary probation, was committed. From institution ran away six times. Then sent to "The Island." When recovering from an injury swam away. Enlisted in Navy but parents interfered.
and treatment recommended: Delinquency again. Recently studied after these five years of poorly directed effort. Recommendations not considered feasible because of further delinquency. Committed to another institution. Soon escaped. Worked on boats satisfactorily, but apprehended and sent back to serve out commitment.

Each of these boys with their "nervous" tendencies and tempestuous careers might have been called "psychopathic," as is the fashion of to-day if behavior persistently does not conform to the required group standards. But such mere appellation gives no clue to possible adjustments. As in many cases, the undesirable behavior tendencies were not shown under all conditions. B had done fairly in school and had a normal record in the Navy; the heat of the engine room, however, he found too much for him. Not a word of suggestion about A's being abnormal in mind or behavior ever developed after he got into the life suited to him.

And concerning causations, in both cases the behavior might have been "explained" by "crime movies," by cigarettes, by detective stories, in accordance with any pet theory held, but such superficial explanations would have offered no real picture of either case and would have given no clue to adjustments which were most desirable and economical.

ELEMENTS OF MENTAL LIFE RELATED TO DELINQUENCY.

An enumeration of the main categories of qualities and elements of mental life that in practical studies of delinquents have been found to have to do with conduct may be valuable here, perhaps, for reference. It is not to be supposed that all of these categories can be successfully inquired into by anybody except some one with interest and training in these matters and with sufficient time, which usually is well within feasible limits. But thoughtful consideration of these classes of facts will serve to enrich the knowledge and aid the everyday judgments of any who wish to deal understandingly with delinquents. There are—

(1) The problem of mental capacities in terms of standardized norms as far as these have been established. This should mean mental capacities not only estimated as so-called "general intelligence" according to some age-level scales of a special limited group of tests, such as the Binet system and its modifications, but also as measured by the performance on other tests which indicate special abilities or disabilities, many of which are most
important for success or failure in school or vocation or other social adjustment. The interpretation of test findings is a difficult matter; it demands training and experience.

(2) Then there is the problem of mental balance. This runs all the way from such constitutional states as hyperexcitability, or from temporary states of lack of self-control, such as are exhibited often times following chorea or as adolescent phenomena, to the chronic psychopathic conditions and to out-and-out insanity or psychosis.

(3) Certain dynamic qualities of mental life, such as states of temporary or constitutional lethargy and laziness, as contrasted to alertness and forcefulness, etc. One is concerned here with the problems of the extent to which the individual uses the capacities with which he is endowed. Even feeble-minded persons may be energetic mentally and, of course, many a normal person is lazy in the use of his talents.

(4) The qualities of mental life which are subsumed under the head of personality characteristics. These are many, forming long lists as developed by special students of the subject. Bearing particularly on delinquency are such traits as love of adventure, egocentrism, revengefulness, stubbornness, rebelliousness, etc. But the good character traits, such as loyalty, generosity, kindliness, responsiveness, etc., must not be overlooked. They are equally important for prognosis and for determining the value of the expenditure of effort in social treatment.

(5) Certain traits and trends as related to characteristics of the individual's group are sometimes important for the production of delinquency. Does he show special reaction tendencies, not in themselves abnormal, perhaps even in connection with his ambitions, which cause him to fail to adjust so markedly in his immediate circle, in his family or school life, that misconduct results?

(6) Of immense significance frequently for the student of delinquency is the mental content—ideation or imagery. Just what comes into the offender's mind that tends to result in delinquency? Sometimes, certainly, the urge is from within. What is there forming the substance of his conscious thought or of his mental pictures, often so intimately related to his delinquency? Is it something that he remembers as having seen or heard or read or imagined?

In considering this aspect of mental life, however, one must also be on the lookout for definite mental vacuity, lack of healthy mental content, absence of ideas and normal mental interests. This is a striking finding in some individuals, accounting for the ease with which bad influences slide in and take hold.
(7) Some experiences, from without or even internal, which have been peculiarly fixed in the mind by accompanying emotional states and which are repressed can subconsciously become actuating forces of conduct. This matter of mental experiences plus repressions is worthy of much attention in many cases showing the most persistent trends toward delinquency. It is especially of importance because the discovery of this specific cause of misconduct may often be the means of a quick checking of the misbehavior or, at least, may be the basis of an effectual reeducative process.

(8) The fact and force of mental habit should never be lost sight of either in considering the main causes of repeated delinquency or in thinking of what to do in working for the delinquent's reformation. Whether tendencies are deep-set in the sense of being habitual is a matter of great importance in the outlook.

(9) General mental attitudes, such as grudge formations against individuals or groups or against society as a whole, or intense dissatisfaction, may be most important to unearth for the understanding of conduct. Of course, peculiar mental attitudes may be largely dependent on personality characteristics, but they may be induced by special environmental conditions and maladjustments, and particularly by the hidden experiences and sore spots spoken of in the preceding paragraph. At any rate, such attitudes and their causes badly need recognition in order that there may be appropriate prescription of mental and social therapy.

(10) The mental impulsions which in rare cases make for delinquency in a powerful way should also be a subject for skillful interpretation. Impulses toward wrongdoing sometimes amount to out-and-out obsessions, with recurrent ideation or imagery, which the individual may sometimes be able to fight off and sometimes not. In other cases the ideation or impulse arises only in the face of a given situation, usually a special chance or opportunity for the given kind of delinquency toward which the individual has impulsions. Frequently the genesis of the impulse can be traced, and the value of doing so is proved by the change in conduct which so often occurs.

MENTAL LIFE SPECIFICALLY RELATED TO DELINQUENCY.

Just because it is mental life which always stands directly back of conduct, and because nothing in the outer world makes for misconduct unless it influences the mind first, just because of this
sequence established in the very nature of things, we may theoretically expect to find, and we actually do find, our best diagnoses in any instance of delinquency arising from consideration of the situation in terms of the outline of mental life given above. Here is the make-up of the individual and here are the directly dynamic elements. Knowing these, a much fairer estimate of the outside factors may be made, as they really are influences and as they have to be thought of for adjustments. This is much more valid than generalizing about bad influences of one sort or another. As a matter of fact, many of the external conditions absolutely necessary to be altered for a successful outcome are only to be known as true causations through sympathetic inquiry into the mental life. Hundreds of illustrations might be given of the general value of this approach (indeed, all the cases cited bear on this point). In many instances the really enlightening information first comes through learning what the individual has in his mind that steers him toward delinquency.

The following case brings out the point that the "mental insides" of a delinquent may give the first clue to the causative forces at work affecting him.

A boy of almost 12 years, Billy S., has been stealing for three years, very repeatedly and from various sources, a couple of times rather considerable amounts. Recently he stayed away from home several times, once as long as five days. His father joined in the court complaint against him. On examination the boy proved to be normal physically and mentally, although somewhat retarded in school work. From school and from home we received reports that he was unusually reserved.

Now, viewing the facts as they were obtained from the several sources, one might offhand have explained this delinquency as "bad inheritance," if one's pet theory were centered on heredity; for even a little investigation showed a record of considerable family misbehavior. But then one might also have picked out poor recreational advantages or immoral neighborhood influences. As the result of the ordinary investigation, the home, however, was considered good; to be sure, the mother was dead, but a housekeeper, evidently competent, kept the house neat and clean; the father earned well and was good to the children.

Following the report of the boy's extreme reserve, even at home where his father was kind to him, we felt the necessity of an approach which would dig up the foundation of this mental and social reaction, not normal at all in such a degree. A chance for the boy to talk quietly and an inquiry conducted with patience first brought out the fact that there had been a companion, Dick, who had been the earliest influence in development of the idea of stealing. But the crux of the affair appeared with the revelation of unsuspected facts. Suddenly, as if to lay bare the heart of his trouble, he blurted out, "I go away because I don't like to stay there; it's no good; he's not married to her. Dick told me about these things."

What this boy revealed was verified (curiously enough in this case with the help of the father himself, who did not conceive that his own liaison could have anything to do with his son's types of misconduct).
If the situation had not come out, unfortunate ideation, repression, and delinquent reactions to the inner mental life undoubtedly would have gone on to most undesirable habit formation. It was clear that reconstructive measures were needed in a complex situation that was not at all brought to light during the inquiry in court.

THE MANY FACTORS IMPLICATED.

Perhaps enough has been said above to indicate that scientific study of delinquents can not possibly leave out of account the forces or the negative elements in the individual's experiences and environmental life which in any ascertainable measure have tended toward the production of his delinquency. No careful evaluation of causes or of the outlook can afford to neglect any of the possible factors such as companionship, street life, poor parental understanding and control, vicious example in the home, special temptations that are offered through unfortunate recreations and occupations. But, as before stated, many of these are only to be recognized as actual pernicious forces through discovering their specific effect upon the individual, upon his mental life, modifying his ideas and impulses in the direction of delinquency.

Not only the varying nature of the data necessary for explanation of the delinquency but also practical outcomes as related to causation could be given in many illustrations. Often greater changes in behavior could be obtained if other and better avenues for treatment were open, if in public and private institutions and under established routines of endeavor with delinquents there were cultivation of an understanding of the scientific facts implicated in each case. But even with things as they are, greater accomplishment is possible in any jurisdiction dealing with juvenile delinquency. The way to get better resources for treatment is to know causes and show the value of meeting causes.

Cessation of the delinquency is the desideratum, not the scientific facts in and for themselves; the aim is to cure. With this in mind one must balance carefully what is causative and alterable in the environment and what is not, and what is causative and possible to influence in the inner mental life and what is not. An admixture of factors is the rule, and in considering adjustment of the case the whole picture properly is to be contemplated. A few diagrammatic illustrations of pictures sketched after careful study of cases as they run in a day's work are here given.
<table>
<thead>
<tr>
<th>Causerive.</th>
<th>Personality characteristics:</th>
<th>Boy, age 16.</th>
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<tbody>
<tr>
<td>Unusually pleasure-loving, etc.</td>
<td>Adolescence (perhaps).</td>
<td></td>
</tr>
<tr>
<td>Bad companions in excess.</td>
<td>Parental indulgence and lack of supervision (very marked).</td>
<td></td>
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<tr>
<td>Undesirable occupations.</td>
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<tr>
<th>Physical.</th>
<th>Good conditions, except teeth and astigmatism.</th>
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<tr>
<th>Mental.</th>
<th>Good ability. Weak character traits.</th>
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<tbody>
<tr>
<td>Mentality.</td>
<td>Lack of parental control, ignorance.</td>
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<tr>
<td>Home conditions:</td>
<td>Poverty, crowded.</td>
<td></td>
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<tr>
<td>Bad companions.</td>
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<table>
<thead>
<tr>
<th>Mental.</th>
<th>Moron. Pleasant, persistent worker.</th>
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<tr>
<td>Adolescent impulse.</td>
<td>Normal.</td>
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<td>Companionship affair.</td>
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<td>Poor parental standards.</td>
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<tr>
<th>Mental.</th>
<th>Good ability. Superficial.</th>
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<tr>
<td>Neurotic make-up.</td>
<td>Normal development.</td>
<td></td>
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<tr>
<td>Adolescent accentuation of irritability, changeableness, etc.</td>
<td>Defective vision.</td>
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<tr>
<td>Habits:</td>
<td>Signs of nervous instability.</td>
<td></td>
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<tr>
<td>Smoking, tea, coffee in excess.</td>
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<tr>
<td>Bad sex habits.</td>
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<tr>
<td>Reading—many detective stories.</td>
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<tr>
<td>Bad companions recently.</td>
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<tr>
<th>Earlier truancy.</th>
<th>Good ability. Lazy, stubborn, untruthful.</th>
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<tr>
<td>loafing.</td>
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<td>Runaway.</td>
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<td>Burglary.</td>
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<tr>
<td>Larceny.</td>
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EXAMPLES OF SUMMARIES OF CASES.

In the endeavor to get the case clearly in mind for ourselves and for the judge who refers it (or for the parents or agencies who in not a few instances are the first ones to bring in even severe problems in delinquency), we are accustomed in conference to develop a summary of our findings. This is done after the separate studies are ready to be put together. Of course, such summaries differ greatly in complexity and length as written up for use. Examples read as follows:

SUMMARY.
(Not for public files.)

1001.


Mental: Grades as supernormal on age-level tests. Works very well with concrete material. Good in learning ability, especially for ideas. Somewhat retarded in school, but no disability for any type of school work. Comparatively poorer in apperceptions. Very friendly. With us interested in mental tasks and works well. Reported very repressed and quiet at home.

Delinquencies: Excessive petty stealing from home. Much sleeping away from home during the last three years. Earlier frequent truancy.

Background: (a) Heredity: Father decidedly bad-tempered and mother nervous and irritable. Families otherwise reported negative. (b) Developmental: Scarlet fever severely at 3 years. Enuresis began at 8 years and continued. (c) Home conditions: Poorly kept; mother away much in store with father. Frequent quarreling and bad temper in the home. Decidedly irregular living conditions—family absorbed in getting ahead. (d) Habits: Tea and coffee in excess. Sex habits. Smoking.

Direct causation: (1) Neighborhood companions with whom he began stealing and from whom he received early (2) bad sex knowledge. On the basis of this there has arisen a definite (3) mental conflict. Boy gives a very clear account of this and of his ideation—sex words associated with thoughts about stealing. (4) Unintelligent home control and discipline. Much afraid of his harsh father. (5) Earlier school dissatisfaction due to the boy's great dislike of a certain teacher.

Outlook: Clear that this boy has many needs and that conditions under which he has been living are extremely unfortunate. His family has taken a strong attitude against him without knowing anything about the experiences he has had or the causes back of his behavior. They have not made the least attempt to live in better neighborhoods, though they know the boy has associated with bad companions. Unlikely that he can make good under present family conditions and in the neighborhood where he has had so many bad experiences. Should be placed in another home and receive aid in overcoming his sex habits, then his enuresis may cease. Altogether he should improve much after this exploration of his conflict if he has any sort of chance to build up other and better ideas and mental interests. Could well be pushed ahead in school. He naturally has good reading interests and is interested in boys' clubs. For general upbuilding should recommend good country home, stopping smoking,
SCIENTIFIC STUDY OF JUVENILE DELINQUENTS.

and should not be allowed tea and coffee. His native ability and many good
traits ought to make it possible to succeed with him. We should receive fre-
quent reports and advise about details as necessary.

SUMMARY.
(Not for public files.)

Jane Doe.
Age, 16.
August 2, 1920.

Physical: Good development and nutrition. Some complaint of headaches.
Slight signs of nervousness. Several badly carious teeth. Attractive appear-
ance, with mixture of childishness and maturity.

Mental: Very good general ability. Unusually good rote memory powers and
learning ability. Fairly good school work. Quick reactions in all ways. Motor
control extremely good. Pleasant, responsive, frank, but not introspective;
happy disposition with not much feeling of responsibility. Very strange con-
trast between the paucity of her mental interests and mental content and her
decidedly good mental ability.

Delinquencies: For some months stealing goods from employers.

Background: (a) Heredity: Father and his family, negative. Mother, abnor-
mal mentally, readily confused, intensely religious, incompetent. (Siblings:
Older sister earlier immoral.) (b) Development: sickly pregnancy. Chil-
dren's diseases. Otherwise negative. (c) Home conditions: Father much away
from home, mother as above, no normal companionship in family.

Direct causation: (1) Bad companions; professional thieves, accidentally
met. (2) Lack of good parental understanding, sympathy, and control. (3)
No good mental interests of any sort in the home or elsewhere. (4) Mental
characteristics as above, particularly her mental vacuity; undoubtedly also a
factor in her getting mixed up with the bad crowd.

Outlook: With definite constructive measures outlook would seem to be de-
cidedly good. Needs much chance for confidential friendship, and her good
abilities demand much in the way of education and development of normal
mental interests. Doubt whether it is possible for her to succeed at home with
this weak, aberrational mother. The suggestion from her relatives that she
be sent to an academy seems excellent. Little doubt that if she came in con-
 tact with some good personality her own better possibilities could be awakened.
It is remarkable that she has been able to keep so free from sex affairs, con-
sidering her companionship. On account of headaches specialist should ex-
amine eyes for astigmatism. Teeth need attention.

It may be that just the above form of summary is not necessary
(we have altered our method several times), but its sequence is
logical: There is the individual (a) physically and (b) mentally (in-
cluding personality and character traits) and this (c) is what he has
done that brings him to our notice; (d) here are the main back-
grounds of his life as we can know them by inquiry and (e) such-
and-such appear to be the definite elements of causation. Putting
together all the above, the (f) outlook and recommendations are to
be stated.

If anything is to be omitted it is the elements of the background
that are not presumably causative. In skillfully prescribing treat-
ment for delinquency the delinquent's make-up of body, mind, and character, and the causes of his delinquent trends are never to be left out of consideration.

GREATEST NEEDS OF JUVENILE COURT.

The very greatest needs of juvenile courts are those things which make for practical success in the job at hand—alteration of conduct tendencies. If not striving for the best accomplishment, for what is the court existing?

The first step toward measuring success and failure in the juvenile court can be made only by taking scientific account of the human material treated and the causes of delinquency as specifically met with. The next step is the relating of this scientific knowledge to outcomes.

If the expense deters from undertaking scientific study, consider what $20 or $30 spent in diagnosis, in carefully calculating what ought to be done, amounts to in the light of the heavy cost of a failure, namely, a delinquent career; or the hundreds of dollars that institutional treatment will mean; or what months of poorly directed effort in probation will entail.

If it is alleged that lack of time prevents, let us state that usually a satisfactory study can be made in a few hours of well-organized work (with the aid, of course, of the ordinary official reports and with special appointments made). With a staff equipped to obtain the social and other background facts and to make the physical and psychological investigations at the same time, a well-rounded study can be made in a comparatively short period. And what are three, four, five, or even more hours spent on this important task of attempting to find the right direction in which to work, in comparison with months and perhaps years of possibly poorly guided endeavor, whether the child is on probation or in an institution? Or consider the possible value of such diagnostic effort as against no endeavor at all to strike at any real source of trouble, because such source was not known to exist.

If lack of supply of scientific students of delinquency deters, then more good workers must be trained in this field—as they have to be trained for any other technical undertaking.

First and last, it can be said about this whole matter of the scientific study of delinquents that as it stands now the juvenile court for

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8It may be of interest to state that our experience is proving the practicability of studying the majority of delinquents in an office in a building apart from the court, without provision for observational or other detention. The advantages are mainly the evoking of a good attitude on the part of the delinquent and his family and the avoidance of the moral dangers of detention. If, as is occasionally necessary, cases have to be seen over and over they can return in the spirit that one continues consultations in the office of a physician.
the most part is in a very uncritical stage. The effectiveness of its measures, to say nothing of its possibilities, are very little gauged.

The juvenile court, so far, is a fine-spirited adventure, perhaps carried out in a high-minded and sympathetic way, but with no ledger worthy of the name for balancing expenditures of effort over against success and failure.

The scientific spirit introduced into the juvenile court will ennoble the whole procedure; it will make the work more intelligent, more calculable; it will aid sympathy to be more productive of good results.